

# Sehome Hill Arboretum Bouldering Climbing Guide



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## Update from 2020:

There was some confusion around the names of the climbs. I ended up making up a lot of the climbs in this guidebook although I FAed very very few of them. I hope this book allows for people to find boulders and climb them. I feel the same way as I did in 2003 in college at Western. Who cares what it is rated. Who cares if it is a boulder or a crag. Climb it and have fun!

## Purpose:

This guide has been created so that people know the names of the rocks they climb. This way there is little confusion.

I also created this guide as an update from the pervious guide by Jason Henry who by the way is creating a color fold out guide book for Sehome and other areas.

## How to use this guide:

I don't like the official rating scale. It is so subjective and sandbagged everywhere. I can go to Stone Gardens climbing gym in Seattle and have all the trouble in the world on a v-4 and then go to Squamish the next weekend and flash a v-4. So screw that.

But I am going to be nice and give you some hints for all you rating junkies:

easy	Not too bad	Pretty hard	hard	Very hard	I dunno
v-0 – v-2	v-3 – v-4	v-4 – v-6	v-6 – v-7	v-7 -	v-8 -

You probably figured out from that scale that I can't climb past v-7. You are probably right. Hey, at least I'm probably honest.

## Please respect the environment:

This includes the obvious such as do not litter ANYTHING, do not smoke drugs when around others who may care in a bad way, do not disturb the homeless people at night, and do not go making your own trails.

Some are less obvious to some. The term "leave no trace" is very important. One only needs a little chalk on his/her hands before a climb and since you will be bouldering you probably will not need to chalk mid route. I have seen some disrespectful people chalk up holds beyond belief. **YOU DO NOT NEED TO CHALK THE ROCK UNLESS IT IS WET.** And in that case be sensitive to how much you use.

Another less obvious is once at Sehome, do not drive in between routes. Just park your car and walk. It is a pleasant walk through the woods. If you have the energy to climb you have the energy to walk. Time restraints are an exception such as you are on your lunch break.

I mentioned homeless people. If you choose to go night climbing, I recommend going with a friend. But make sure to respect the homeless though, such as if they yell at you be polite. Also, avoid the tunnel at the top of the hill in the late evening.

Oh one more thing to respect in the Sehome environment: Campus security and Campus police. They patrol Sehome but never seem to get out of their cars. In fact in the evening the cops seem to just drive not even to the big rock at the bottom before turning around. Nevertheless, be polite if they talk to you. We do not want climbers getting a bad rep with local police. Still though, remember your rights. You do not have to talk to them about anything. You do not even have to show them your ID if they do not have a legit reason such as “well, some guy just robbed a bank and fits your description.” If they give the reason, “Do not make this hard on yourself.” Tell them you want to see his/her ID. Anyway, have fun climbing.

**Clean only what needs to be clean though; respect. Also, respect the environment leading up to rock. In other words, stay on trails and stay on developing trails! I cannot stress this enough.**

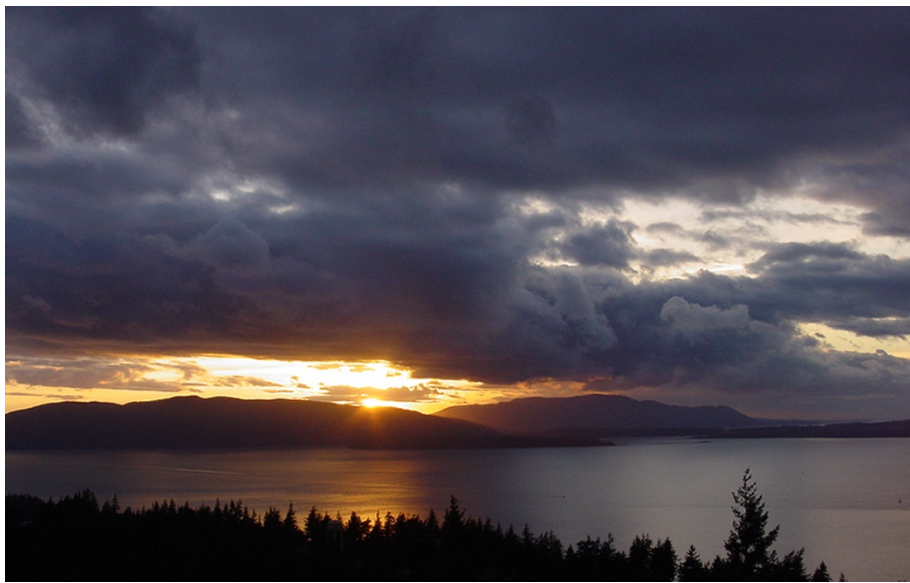
Also, keep in mind the maps are not to scale.

Recently, someone told me they want to know the name of the overall rock. So I have recently added this- this however is just the names of the rock my friends and I use. We usually take one of the routes on the rock and call it that.

The maps have names of routes of the rocks to direct you. The names on the maps are not the names of the rocks even though they may have the same name. For example, One of the maps points to “Bumrush” but the rock name is “turtle.”

If you have any questions just email me and I’ll explain

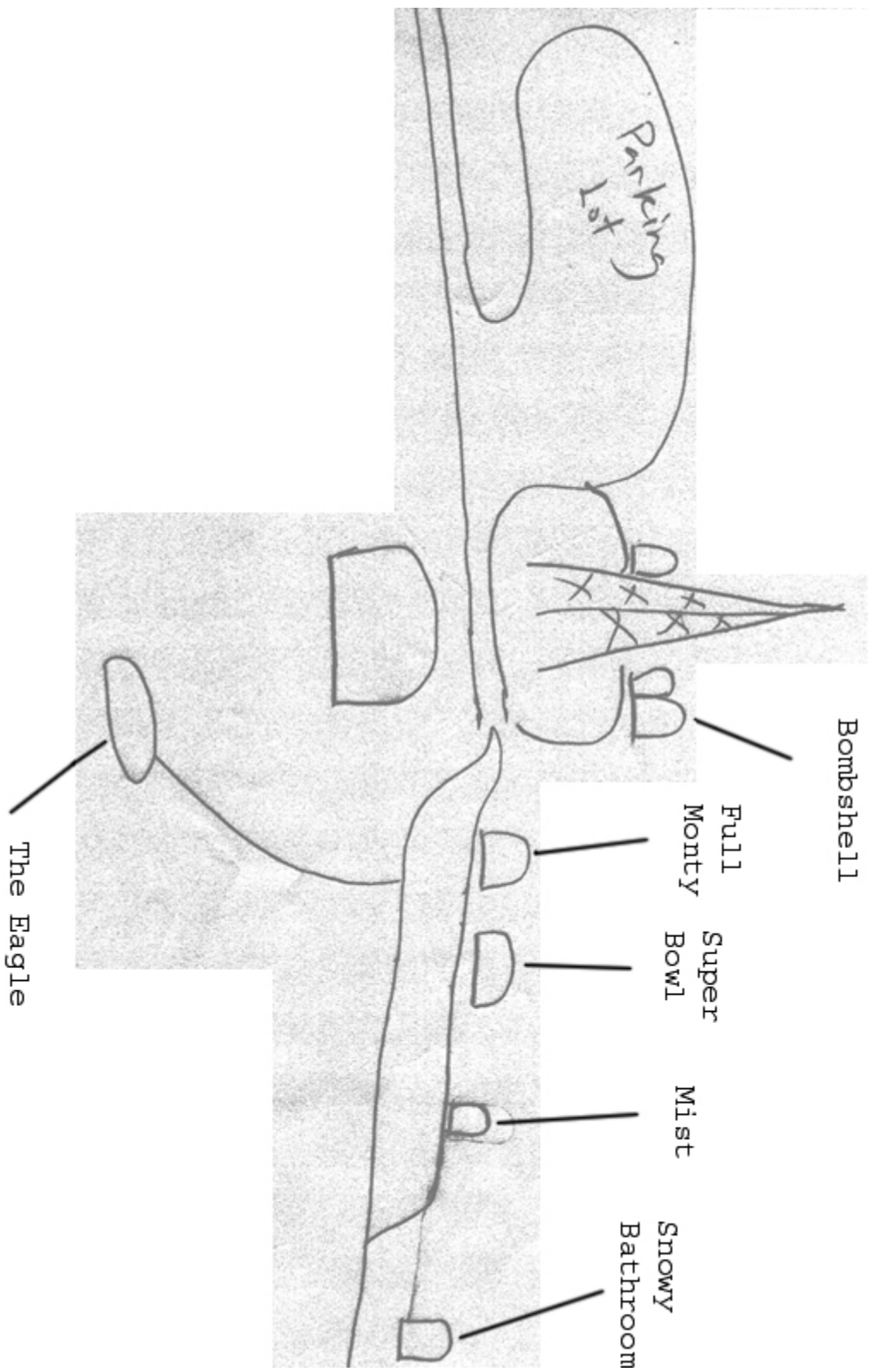
## **Pictures taken from the top of the KUGS radio tower**







**Don't cut yourself on the barbed wire**

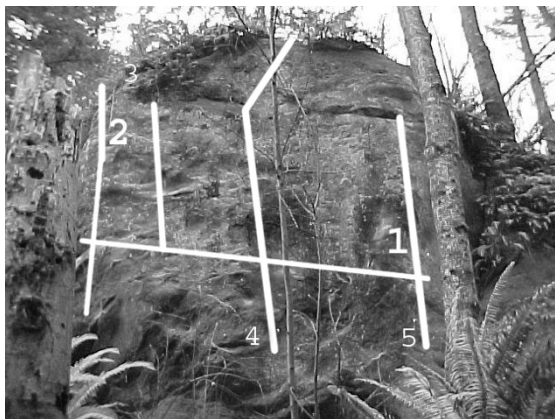


**Rock name: woo**



(top out of 2, 3)

1. Name: **The Ramp** Rating: **sorta tough**  
Comments: **Starts easy ends hard**
2. Name: **Super Bowl** Rating: **hard**  
Comments: **you climb this, you call me up, we throw a party.**
3. Name: **Dr. Google Eyes** Rating: **I dunno**  
Comments: **This is one of those problems you know is there but you just can't see yet**
4. Name: **woo** Rating: **not too bad**  
Comments: **It is like that root beer filled gum, great problem.**
5. Name: **unknown** Rating: **hard**  
Comments:



**Rock name: Full Monty**

1. Name: **vice** Rating: **pretty hard**  
Comments: **Into traverses? This is one of the best in Sehome... behind the bumb rush and hans hamper**
2. Name: **brown maple leaf** Rating: **sorta hard**  
Comments: **one move, one dyno – bomb.**
3. Name: **The Full Monty** Rating: **hard**  
Comments: **follow vice and then go up**
4. Name: **Amazon Man** Rating: **hard**  
Comments:
5. Name: **unknown** Rating: **hard** Comments:

**Rock name: scary highball on top of hill**



1. Name: **brain cancer** Rating: **Pretty Hard**

Comments: **high ball traverse, literally killer top-out**

2. Name: **Bombshell**

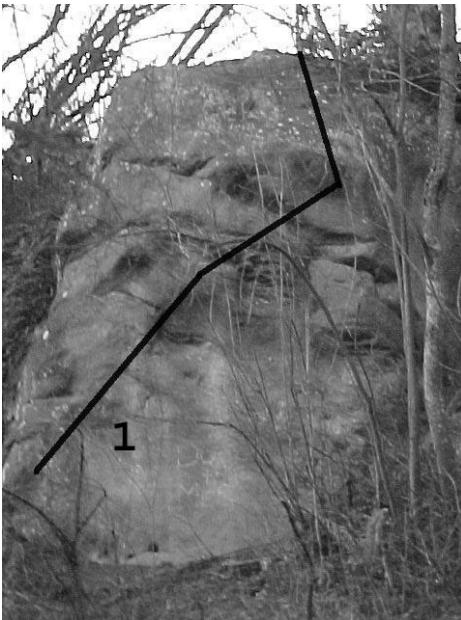
Rating: **Pretty hard**

Comments: **do this route while listening to aphex twin**

3. Name: **unnamed** Rating: **hard**

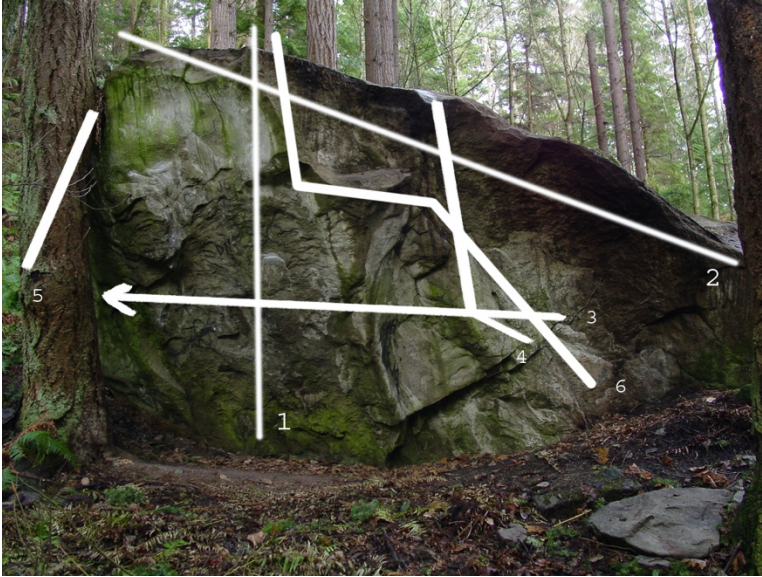
Comments:

**Rock name: tea time**



1. Name: **Tea Time** Rating: **easy**

Comments: **drink some tea while climbing it.**



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**Rock name: Eagle**

1. Name: **Big L** Rating: **Really hard**  
Comments:
2. Name: **Chuck Close** Rating: **easy**  
Comments:
3. Name: **Africa** Rating: **really hard**  
Comments:
4. Name: **Goliath** Rating: **pretty hard**  
Comments:
5. Name: **Game Genie** Rating: **pretty hard**  
Comments: **on other side of rock from photo**
6. Name: **Eagle** Rating: **not bad** Comment:



**Name: that dyno  
when it was  
snowing**

1. Name: **Snowy bathroom** Rating: **easy**  
Comments: **dyno**





**Rock name: mist**

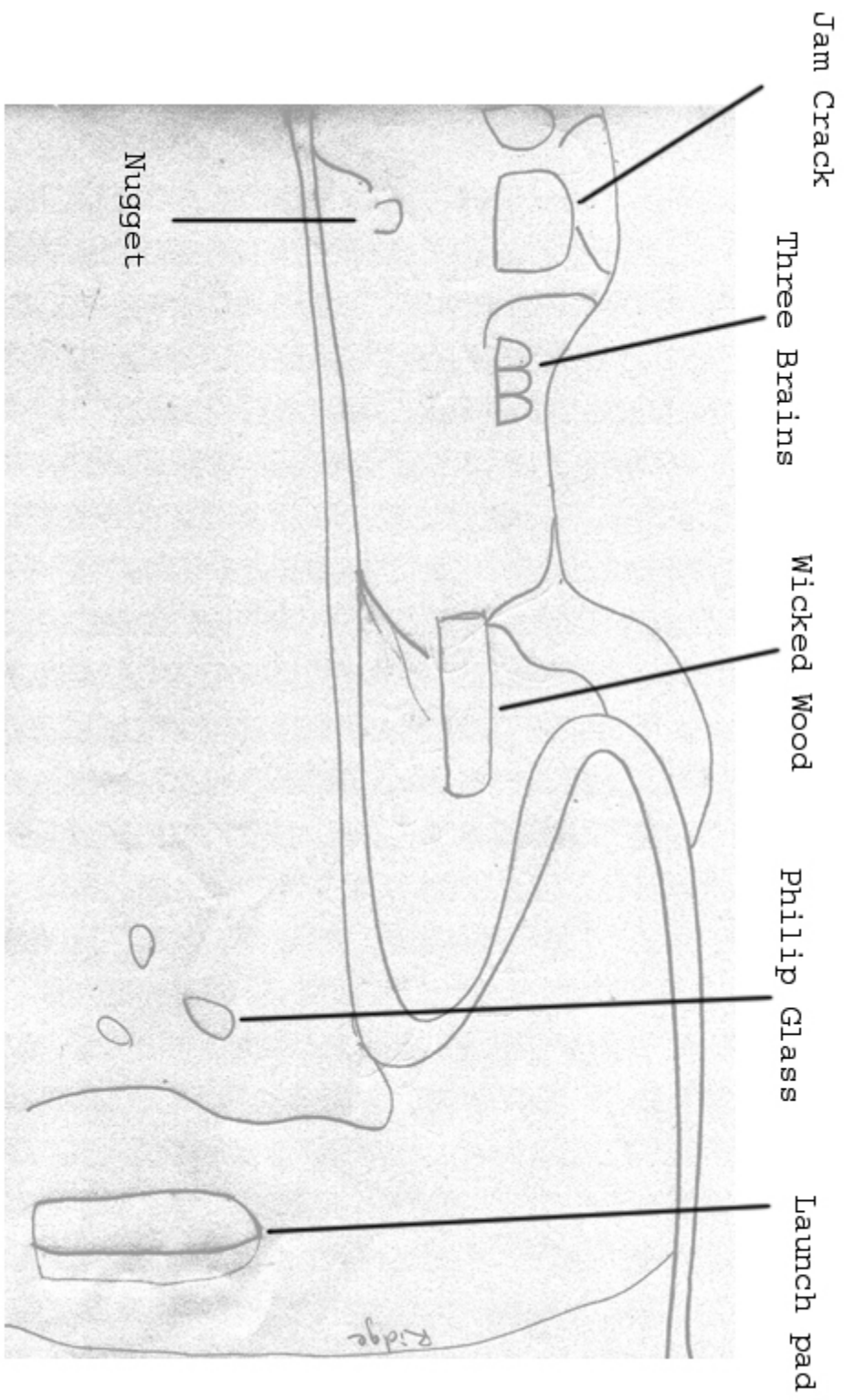
1. Name: **mist** Rating: **not bad**

Comments: **unclimbed – I have only looked it in the rain**

2. Name: **Exploding Psychology** Rating: **hard**

Comments: **unclimbed cause it is HARD.**

**Exploding psychology just a reference name. Not real name cause hasn't been climbed!**



**Rock name: Philip glass**

1. Name: **Philip Glass** Rating: **hard**  
Comments: **unclimbed**

**Rock name: Andy C**

1. Name: **Andy C** Rating: **hard**  
Comments:





1. Name: **Lauch Pad** Rating:  
Comments:
2. Name: **leap of Faith** Rating:  
Comments:
3. Name: **Integration** Rating:  
**not bad**  
Comments:
4. Name: **Ray of Fright** Rating:  
**not bad**  
Comments:
5. Name: **The cavity** Rating:  
Comments:

ROCK NAME: Lanch Pad



1. Name: **Gravitron** Rating:  
Comments: **sit start**
2. Name: **Therapy left** Rating:  
Comments:
3. Name: **therapy right** Rating:  
Comments:
6. Name: **Cave Dweller** Rating:  
Comments:
7. Name: **The Stain** Rating:  
Comments:
8. Name: **Dope Grape** Rating:  
Comments:
9. Name: **Palm Reader** Rating:  
Comments:
10. Name: **The Blimp Traverse**  
Rating:  
Comments:
11. Name: **Rodeo** Rating:  
Comments:
12. Name: **The full Traverse**  
Rating: **hard**  
Comments:



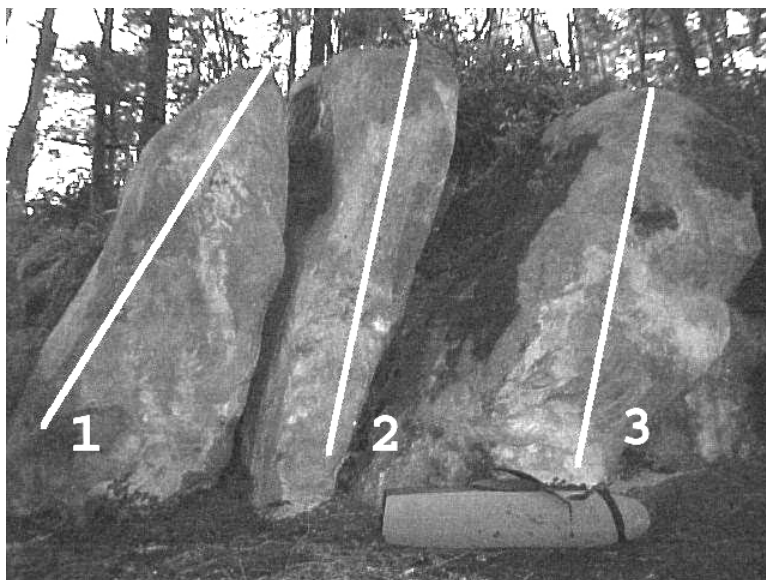
**ROCK NAME: bus stop**

1. Name: **Wicked Wood** Rating: **not bad**  
 Comments: **four star climb**

2. Name: **bustop**  
 Rating: **easy**  
 Comments:

3. Name: **Street Heat** Rating: **not bad**  
 Comments: **Reat heat comes from the street**

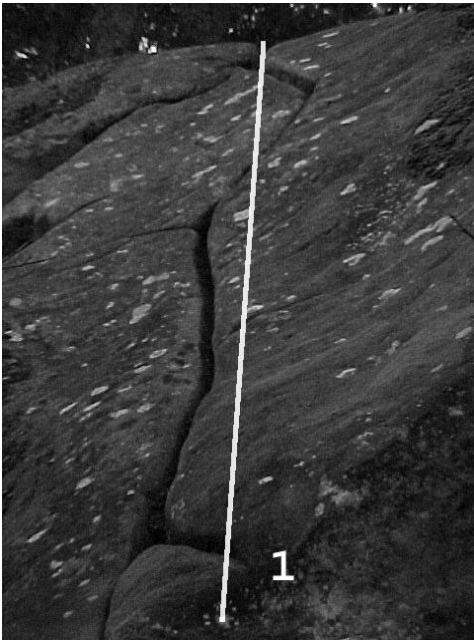
4. Name: **scientist**  
**Wins world cup**  
 rating: **sorta hard**  
 Comments: **do wicked wood but end with a double dyno then topout**



**I LOVE THIS SPOT.**

**Rock name: Three Stones of Wisdom**

1. Name: **The left Brain** Rating: **very hard**  
 Comments: **sit start buddy**
2. Name: **the middle brain**  
 Rating: **I dunno**  
 Comments: **opium**
3. Name: **the right brain** Rating: **pretty hard**  
 Comments: **night climbing with girls from Fairhaven**



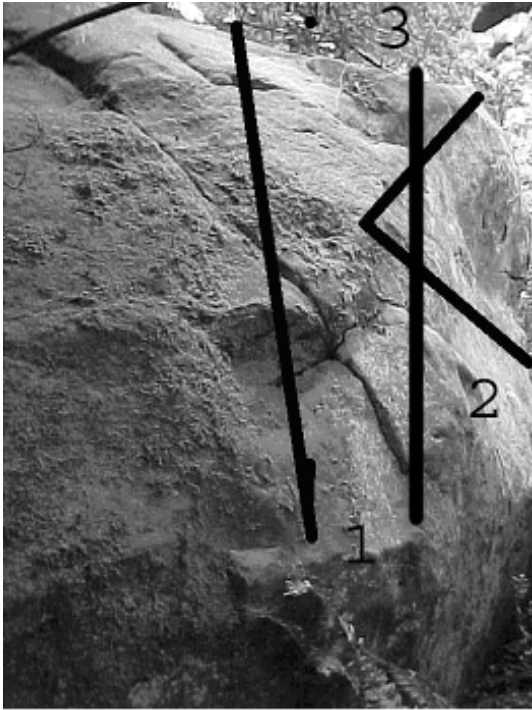
**Rock name:** that crack in the middle of the bottom part of the hill

1. Name: **jam crack** Rating: **easy**  
Comments: **whatever**



**Rock Name:** Samadhi

1. Name: **Samadhi** Rating: **easy**  
Comments: **the taller you are the easier**



1. Name: **flatirons** Rating: **sorta hard**

Comments: **crimps**

2. Name: **ascensor**

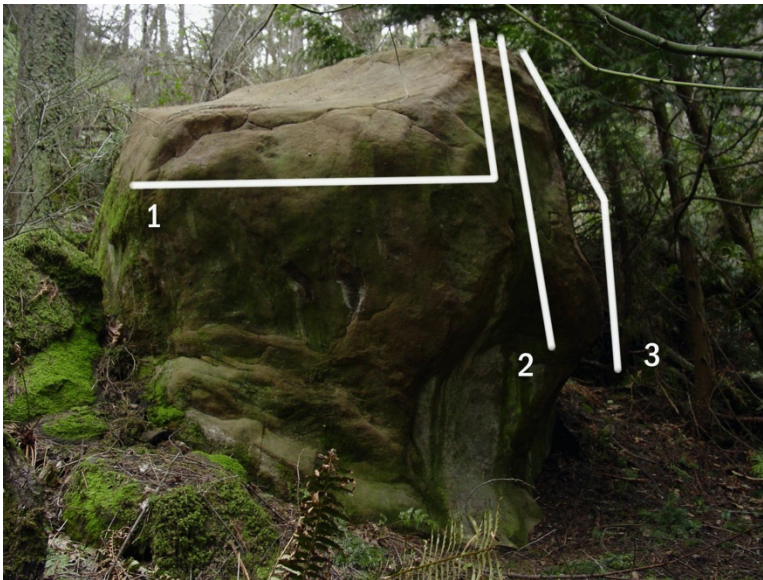
Rating: **easy**

Comments: **some what of a scary topout but it's all good.**

3. Name: **Loaf** Rating: **pretty hard**

Comments: **beginning is hard**

**ROCK NAME: Loaf**

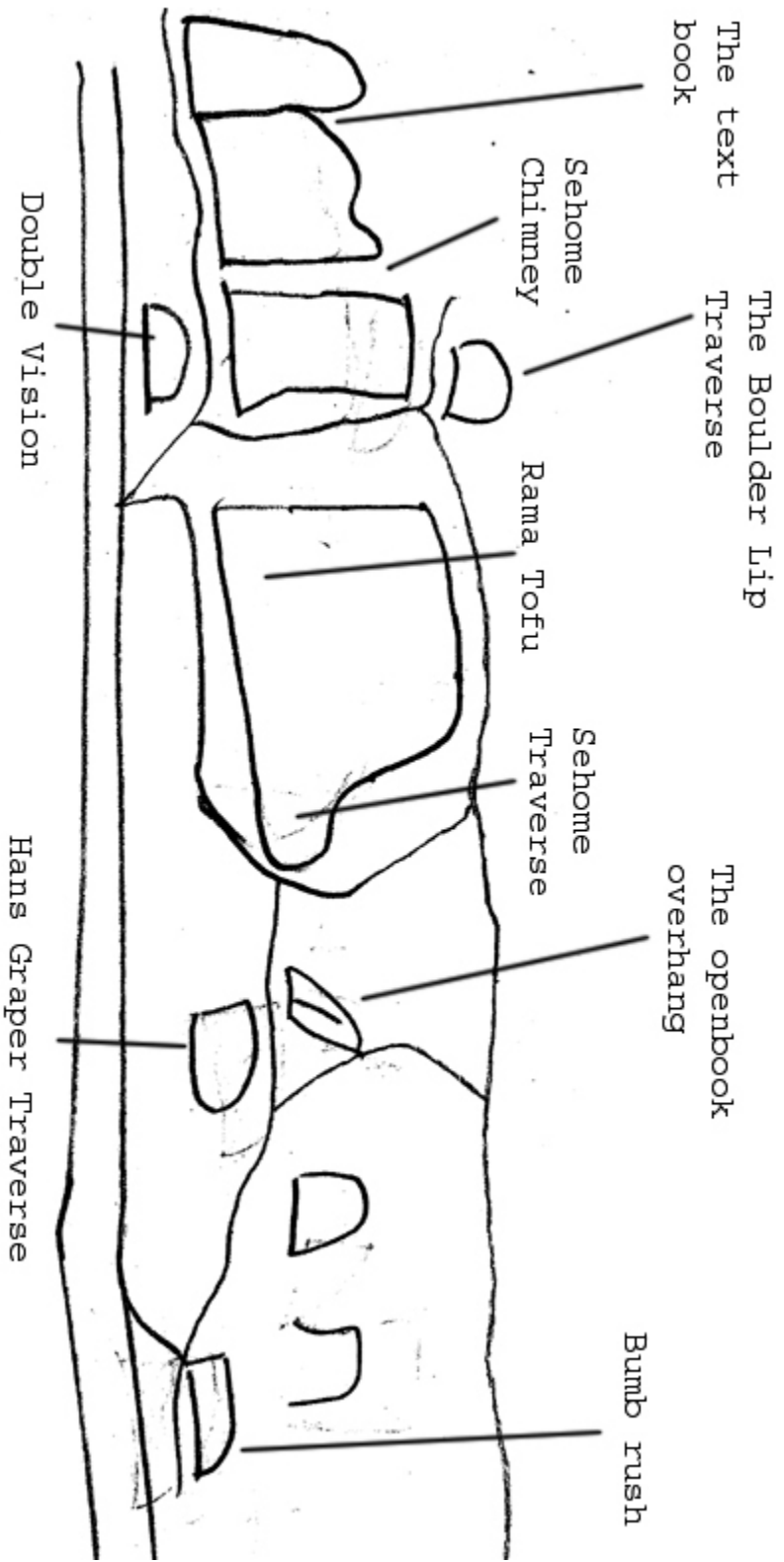


**Rock name:**  
**Nugget**

1. Name: **Nugget Traverse** Rating: **easy** Comment:

2. Name: **Nugget double dyno** Rating: **easy** Comment: **two hands to the top**

3. Name: **Boca Nugget** Rating: **sorta hard** Comment: **the beginning is tough**





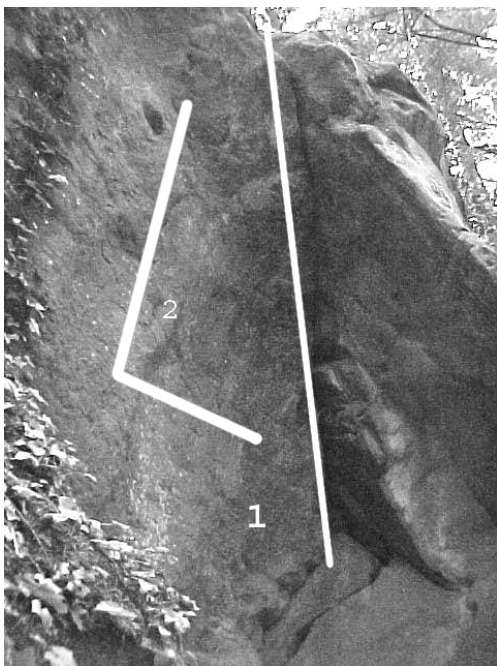
**ROCK NAME: the turtle**



1. Name: **carhartt** Rating: **pretty easy**  
 Comments: **great for practice traversing houses**



1. Name: **Bumb Rush** Rating: **pretty easy**  
 Comments: **easy cept for last move**  
 2. Name: **Bumb Rush variation** Rating: **not too bad**  
 Comments: **easy cept for the last few moves**



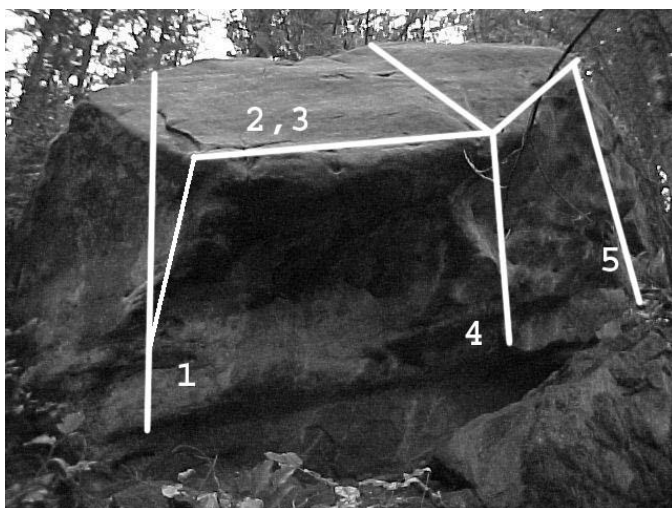
**Rock name: that climb that I hurt myself**

1. Name: **open book overhang** Rating: **easy**

Comments: **careful – hurtful landing. Watch out for barndooring.**

2. Name: **look at your notes in the bathroom** Rating: **pretty hard**

Comments: **only been done with a rope**



**Rock name: Mario land**

Second favorite boulder on Sehome.

1 Name: **Stitches** Rating: **easy**

Comments: **classic problem. Each move you feel you won't be able to do but you do.**

2. Name: **Hans Graper Traverse** Rating: **pretty hard**

Comments: **wonderful problem – feet work baby. Top out in the middle of rock.**

3. Name: **Link's Revenge** Rating: **hard**

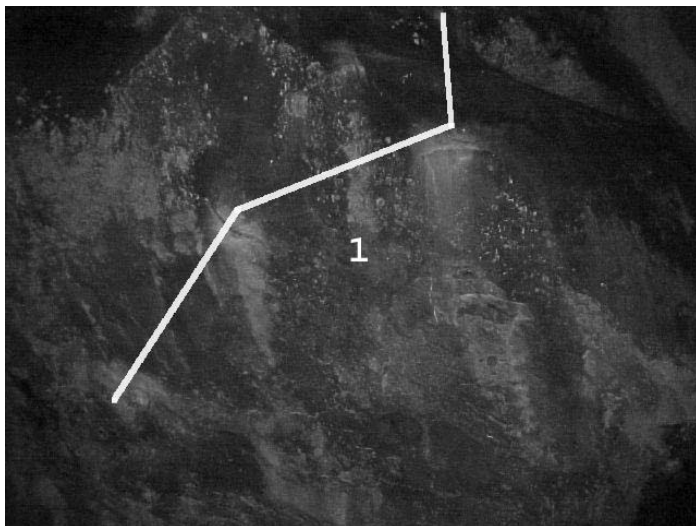
Comments:

4. Name: **Hams Groper** Rating: **hard**

Comments: **fall and you'll die**

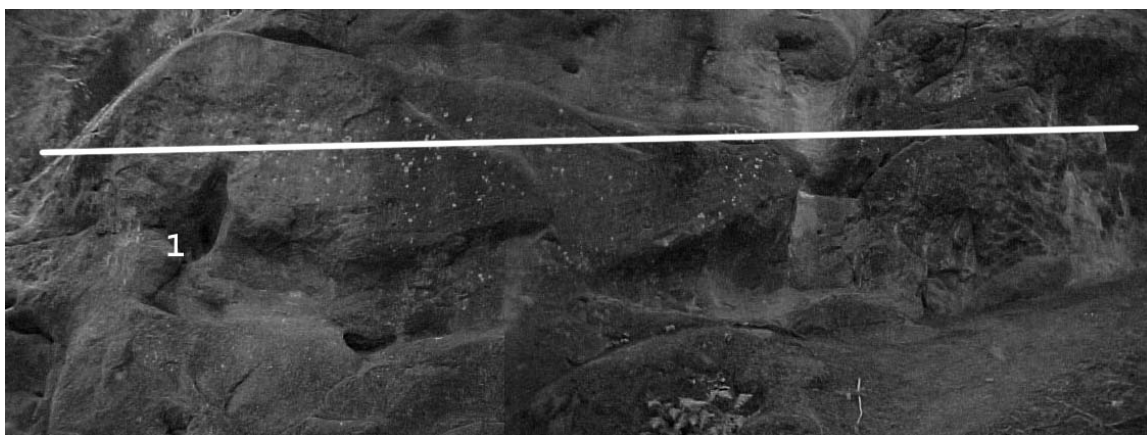
5. Name: **V Dream** Rating: **not too bad**

Comments: **slopy. VP comes from the mean street**



1. Name: **Sehome Traverse** Rating: **pretty hard**

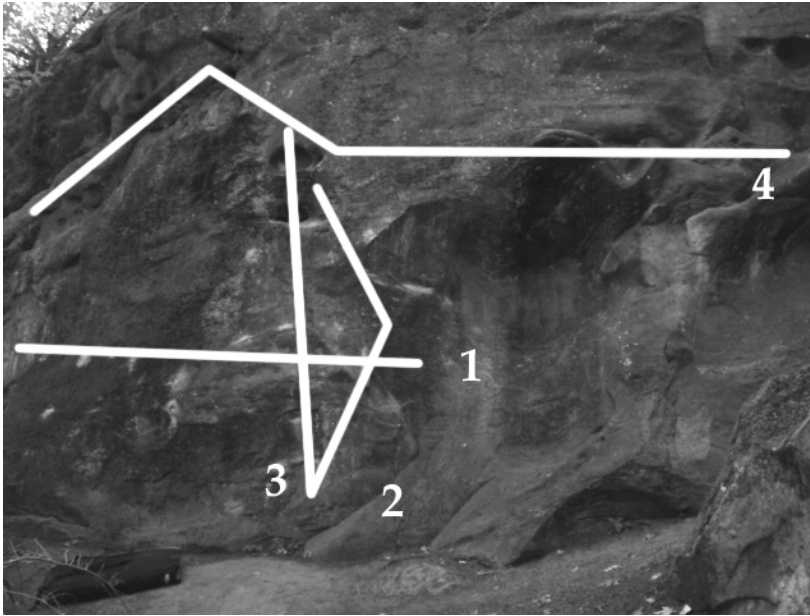
Comments: **this problem really helps you work on transferring one's weight in swinging motions**



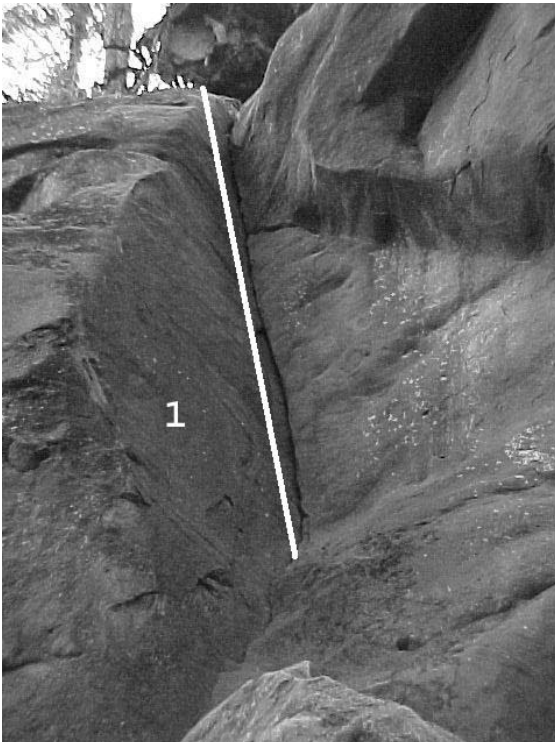
1. Name: **Sehome Traverse** Rating: **easy**

Comments: **warm up before doing the ending[shown above] or any problem for that matter.**

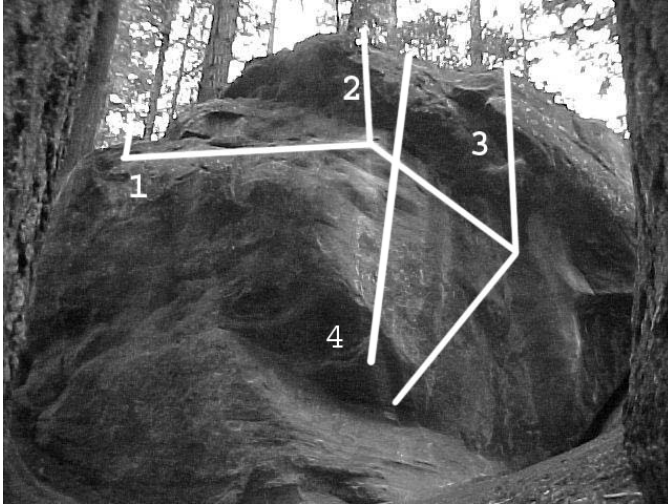




1. Name: **rama tofu** Rating: **not too bad**  
Comments: **go right and then left to the jug**
2. Name: **no chicken noddle soup** Rating: **not too bad**  
Comments: **easy cept for last move**
3. Name: **Free Muma Jamal** Rating: **not too bad**  
Comments: **Dyno**
4. Name: **Singapore** Rating: **easy**  
Comments: **walk in the sehome hill**



1. Name: **the text book** Rating:  
Comments: **shitty fall**



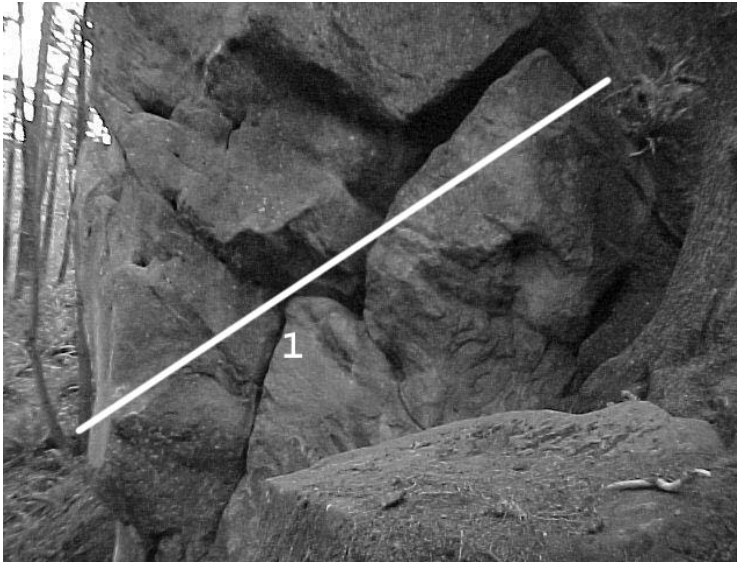
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**Rock name: dyno at the bottom of the hill**

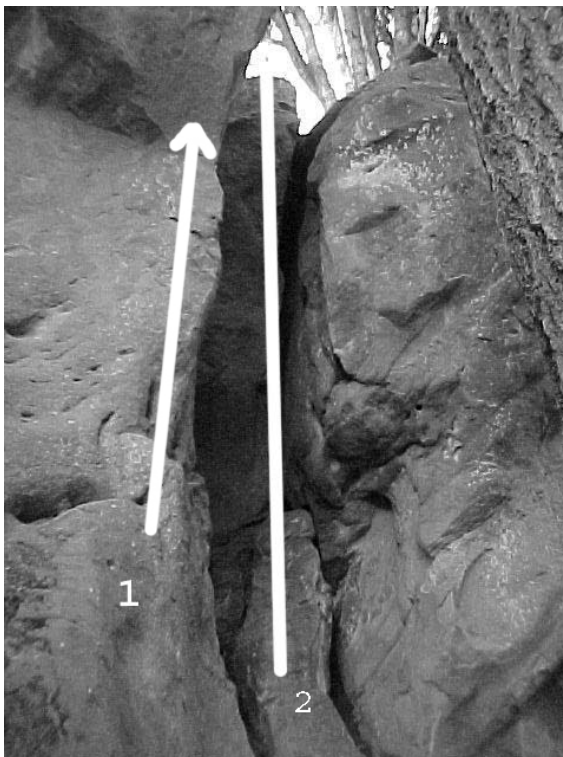
1. Name: **Boulder lip traverse** Rating: **easy**  
Comments: **hardest part is the top-out**
2. Name **Zion's Gate** Rating: **easy**  
Comments: **this will be harder than easier if you are short**
3. Name: **Boulder up** Rating: **easy**  
Comments: **this is an odd climb – try with hitting that rail with both right and left hand**
4. Name: **sunlight** Ratings: **hard** Comments: **ya**



1. Name: **the classic direct**  
Rating: **not too bad**  
Comments: **a slight dyno in the middle**



1. Name: **the classic** Rating: **easy**  
 Comments: **cool problem, starts with a crack. Try to work your feet more than hands.**

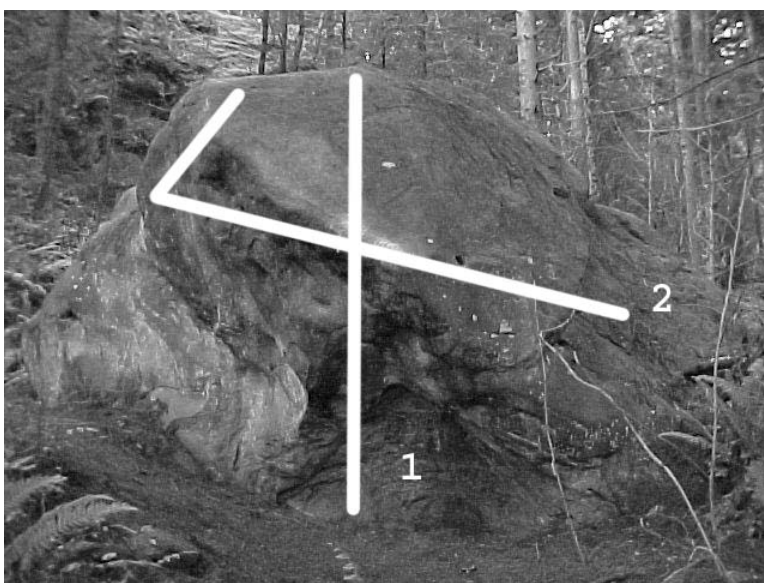


1. Name: **unknown** Rating: **pretty hard**  
 Comments:  
 2. Name: **sehome chimney**  
 Rating: **easy**  
 Comments: **Some chimney work is good practice for breaking into buildings.**



there are problems all over this rock. On this side they are all easy.  
Just make up a route.

**ROCK NAME: v9**



1. Name: **White Rasta** Rating: **pretty hard**  
Comments:
2. Name: **Double Vision** Rating: **hard**  
Comments: **crazy sit start**

**Rock name: Two stones to the future**



Respect the Environment

Be Safe Climbing